

# Avonvale

Veterinary Centres



Introducing our new

## Avonvale Hydrotherapy Centre

based at our Wellesbourne Surgery and available to all our clients.

Our new hydrotherapy unit is part of our all-round package of care for rehabilitation, physiotherapy and well-being. The warm water used in our Hydro-Physio aquatic treadmill relaxes recuperating muscles and promotes blood circulation while encouraging exercise in a supported and controlled environment. Dogs gain the confidence to strengthen muscles and mobilise joints without experiencing discomfort, resulting in a faster more successful recovery.

### Our Hydrotherapy service can be of great benefit to dogs who:

- ✓ **Have undergone recent surgery**
- ✓ **Have post-operative physiotherapy requirements**
- ✓ **Have joint disease or neurological disorders**
- ✓ **Need to get fit or lose weight**
- ✓ **Just like water!**

**Hydrotherapy** allows maximum muscle contraction with minimum weight bearing on joints and bones and so therapeutic exercise post surgery can be introduced much quicker than if land based only. Water buoyancy helps stabilise the body in a vertical position and encourages a normal walking pattern to strengthen muscles in an appropriate functional manner. The temperature and level of the water can be controlled for each individual which allows thermal benefits – warm water assists with pain relief, whilst cooler water reduces inflammation.

We offer a progressive rehabilitation programme, tailored to each individuals requirements with the aim of reducing recovery times and improving your dog's well-being. The initial session includes an introduction and performance assessment.

For most conditions we recommend twice weekly treatments, although some cases may just be once a week. Specific cases may require more intensive daily therapy e.g. spinal cases.

Our Hydrotherapy sessions are supervised by a qualified veterinary nurse trained in physiotherapy and hydrotherapy rehabilitation exercise. Initially your dog will do short bursts of exercise in the hydro-physio treadmill to allow him or her to get used to the exercise and have adequate rest periods. Progressively longer exercise periods will be introduced during the sessions as your dog becomes fitter. Time within the session is allowed for drying off your dog.

#### Initial Hydrotherapy consultation & assessment

£30.00 inc VAT

Then

#### Single Hydrotherapy Sessions

£23.50 inc VAT

Or

#### Programme of 10 Hydrotherapy sessions

(10% discount for 10 or more sessions) £211.50 inc VAT

**Check your pet insurance policy, you may be able to claim for the cost of hydrotherapy prescribed as part of a treatment plan by your vet.**

For more information or to book  
your hydrotherapy sessions call

**Avonvale**  
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29 Warwick Road

Wellesbourne. CV35 9NA

01789 841072

